



## PATIENT QUESTIONNAIRE –SPINE

Date: \_\_\_\_\_ Name: \_\_\_\_\_ Age: \_\_\_\_\_ Referring Dr. \_\_\_\_\_

Occupation: \_\_\_\_\_ Is this work related? Yes/No

Are you presently working? Full time/ Part time With Restrictions? Yes/No

Have you experienced problems of this type before? (Explain) \_\_\_\_\_

Current symptoms begin? Date: \_\_\_\_\_ How did your symptoms arise? Auto, Accident, Fall,

Bending, Lifting, No Apparent Reason, Other (Describe) \_\_\_\_\_

What are your symptoms NOW?      Back symptoms only      Neck symptoms only      Headache  
Leg symptoms only      Arm symptoms only  
Back and Leg symptoms      Neck and arm symptoms

What were you INITIAL symptoms?      Back symptoms only      Neck symptoms only      Headache  
Leg symptoms only      Arm symptoms only  
Back and Leg symptoms      Neck and Arm symptoms

Are your symptoms constant in your (Circle one) (Back, Leg, Neck, Arm)

OR do they come and go in your (Circle one) (Back, Leg, Neck, Arm)

Are your symptoms improving, becoming worse, or staying the same? \_\_\_\_\_

Circle the daily activities you are having trouble doing: Sitting, Rising, Bending, Driving, Standing, Turning, Walking, Stairs, Lying, Sleeping, Grooming, Dressing, Housework, Athletics etc. \_\_\_\_\_

Circle the activities that decrease your symptoms: Sitting, Lying, Standing, Walking, Bending, Turning, Being Stationary, Moving.

Do your symptoms disturb you sleep? Yes/No # times per night awakened by pain? \_\_\_\_\_

Do your symptoms change when you Cough, Sneeze, Strain? Yes/No

Do you have frequent: Headaches, Dizziness, Nausea, Ear Ringing, Balance Disturbance, Other? \_\_\_\_\_

Have you noticed a change in your bowel or bladder frequency control? Yes/No (Describe): \_\_\_\_\_

Who have you consulted regarding this injury? Emergency room MD, Family Dr., Specialist

What treatment or testing have you received? X-ray, MRI, Cat Scan, Myelogram, Nerve Conduction Study, Physical Therapy, Chiropractic, Medication, Injection, Bracing, Orthotics, Other: (Describe): \_\_\_\_\_

If surgery date and type? \_\_\_\_\_ When do you return to see the doctor that referred you to therapy? \_\_\_\_\_

Health Concerns? Heart, Hypertension, Stroke, Epilepsy, Cancer, Diabetic, Respiratory Disorder, Pregnancy, Metal Implants, Pacemaker, Other: \_\_\_\_\_

Are you allergic to Latex, Lidocain, Cortisone, Other? \_\_\_\_\_

List all current prescriptions and over the counter medication and reason for use: \_\_\_\_\_

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What are your goals for physical therapy? Decrease Pain, Improve Function, Return to Exercise/Athletics

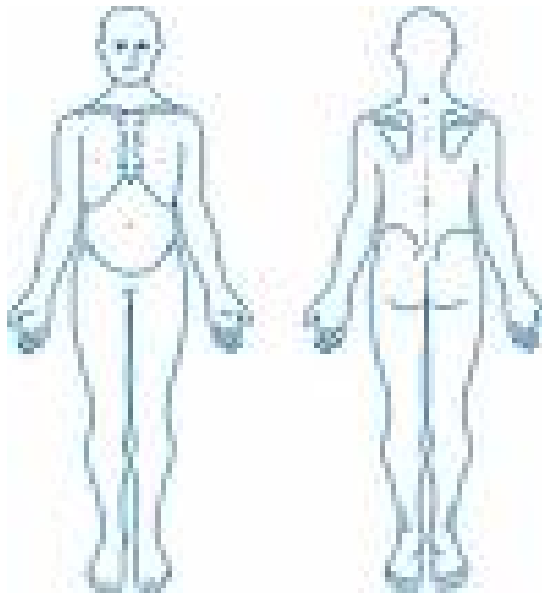
Other: \_\_\_\_\_

On a pain scale from 0 to 10 please state your pain level: 0 being normal and 10 severe (ER):

Back: \_\_\_\_\_ Neck: \_\_\_\_\_ Leg: \_\_\_\_\_ Arm: \_\_\_\_\_

Please use the following words and indicate on the diagram where you feel the described symptom.

Aching:    Numbness:    Pins and Needles:    Burning:    Stabbing:    Other:



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Attending Physical Therapist